

Mae
Portfolio

2007-2025



Maedeh Naderianvar

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Visual Artist and Art Educator

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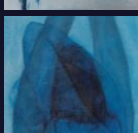
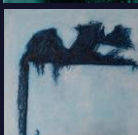
Education

Master of fine arts, Painting The Academy of Fine Arts of Brera - Milan, Italy	2011-2016
Bachelor of fine arts, Painting Shahed University of Art - Tehran, Iran	2005-2010
Diploma in Graphic Design Modares Art School - Tehran, Iran	2003-2004

Group exhibition

- Painting art prize Centro Foscolo, Milano, Corsica, Italy	2014
- Group exhibition Centro Foscolo, Milan, Corsica, Italy	2014
- Art prize Comune di Sarezzo, Sarezzo, Italy	2020
- Group exhibition St-Art Amsterdam, Ride Milano, Milan, Italy	2020
- Group exhibition C-Friggerio group, Milano, Corsico, Italy	2021
- Group exhibition Ossimoro Art Gallery, Turin, Turin, Italy	2022
- Virtual exhibition Ossimoro Art Gallery, Turin, Turin, Italy	2022

About Me



I was born and raised in Tehran, Iran, where my journey into the world of art began. I earned my bachelor's degree in painting from a Tehran-based university of art, which laid the foundation for my artistic career. Later, I pursued my passion further by earning a master's degree at the prestigious Milan Academy of Art in Italy.

For nearly 13 years, I lived, worked, and grew as an artist in Italy, where I participated in exhibitions, honed my skills, and embraced a wide array of techniques. Now, as a Canadian resident, I bring my global perspective and extensive experience to my work as an art educator.

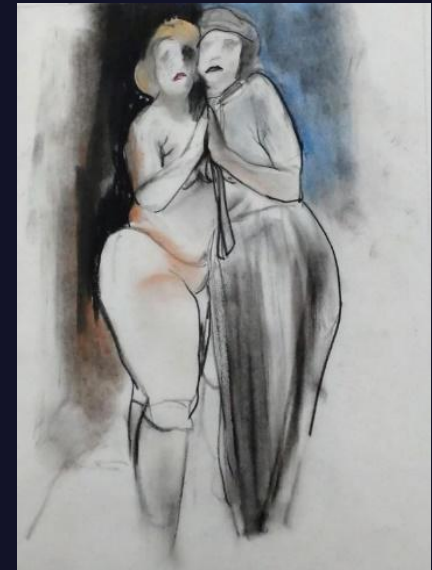
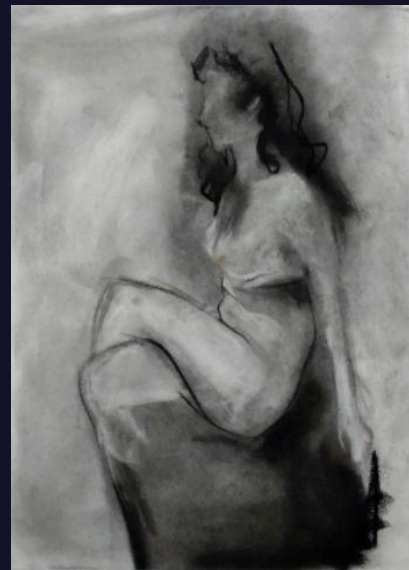
As a professional art teacher, I have designed and led programs for schools, art camps, and exhibitions. My teaching philosophy is rooted in helping students develop their skills and confidence through experimentation, creative problem-solving, and understanding the fundamentals of art. I specialize in mixed media, drawing, and painting, integrating cultural perspectives and artistic styles to create engaging, inclusive, and impactful learning experiences.

Artwork

My profession was born from a strong feeling that exists in each of us, memory. I use the human figure, both because it reminds me of poetry and because I have always been interested in researching the anatomy of the human body. Bodies that seem to move freely and lightly in the air.

Drawings

Charcoal



Acrylic

The use of fresh and transparent acrylics conveys the thoughts and memories of the subject represented. The chosen colors assist me in my quest. The memory of my homeland, Iran, is expressed through the color indigo, a symbol of spirituality that leads us to meditate on the reality that surrounds us. In fact, indigo makes us think of the sky, the sea, and the art of ceramics

Painting



Exile series 2015-2016

In my artwork exploring the theme of exile, I utilized the triple photographic exposure technique to capture the model in motion, resulting in figures that appear trapped within their framing. These figures convey a sense of frustration, boredom, impatience, and confusion, reflecting the emotional complexities of exile. The figures are intentionally obscured from view, even though the transparent fabric is used. This opacity highlights the lack of freedom and government interventions that encroach on personal liberties. My paintings aim to delve into the intricate emotions and realities that accompany this theme.



105x95-2016



110x160-2016

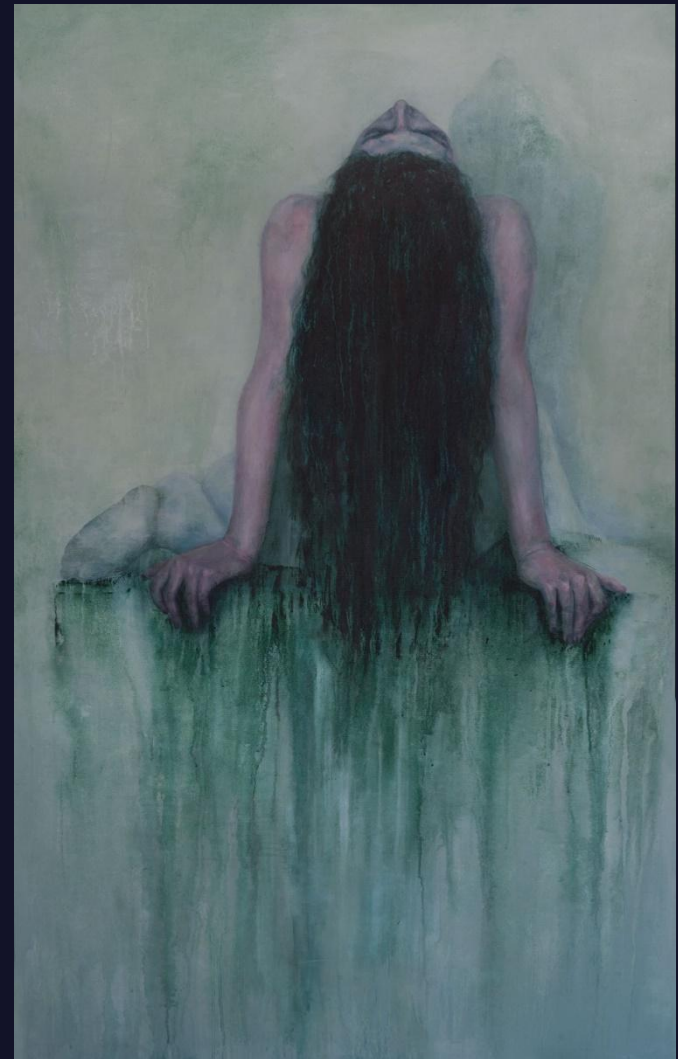
Unstable falls 2018-2021

Series titled "Unstable Falls" where I utilized acrylic as the medium. These figurative paintings showcase emotional movement, with the colors turquoise and red used as the body, creating a strong visual contrast.

Being the mid color between the extremes of red and violet, turquoise is the color of balance, for emotions, thoughts, and speech.

Red is the color of the heart and love, dynamism and vitality, passion and sensuality, authority and pride, strength and security, and confidence in one's abilities and strengths. It is the color of fire, blood, vital impulses, and action. Being the color of physical movement, the red color awakens our physical life force. In ancient pagan cultures, the color red was considered a symbol of purity and innocence, particularly associated with virginity.

In Buddhism, turquoise combines the meanings of blue and green. Green represents calmness, while blue represents purity and ascension. Turquoise calms the mind, transforming anger into wisdom.



120x160-2020

Blue. 2020 - Present

The color of the sky, the sea, the infinite, and silence. In many cultures, especially in the East, blue is the hue that refers to the world of the gods, with the connotation of sacredness and purity. I chose to use Persian blue, with shades of the blue color of the sea and the addition of indigo. Its name comes from the rock salt of Persia, naturally extracted from the Semnan salt lake in Iran. It seems that the first use of this color dates back to 1669. Meanwhile, the use of fresh and transparent acrylics allowed me to convey the thoughts and memories of the subject represented. The memory of my homeland, Iran, is expressed through the color indigo, a symbol of spirituality that leads us to meditate on the reality that surrounds us.



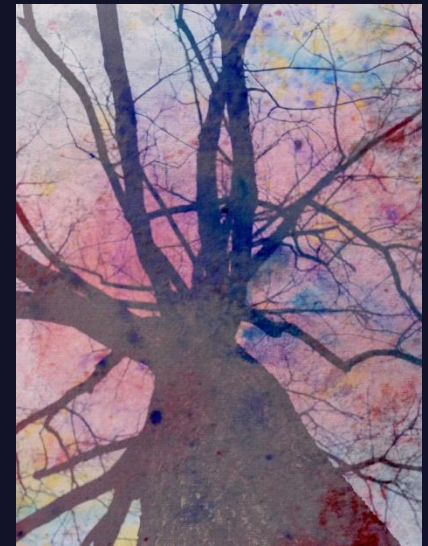
45x50-2020



50x50-2020

Digital painting 2021-2024

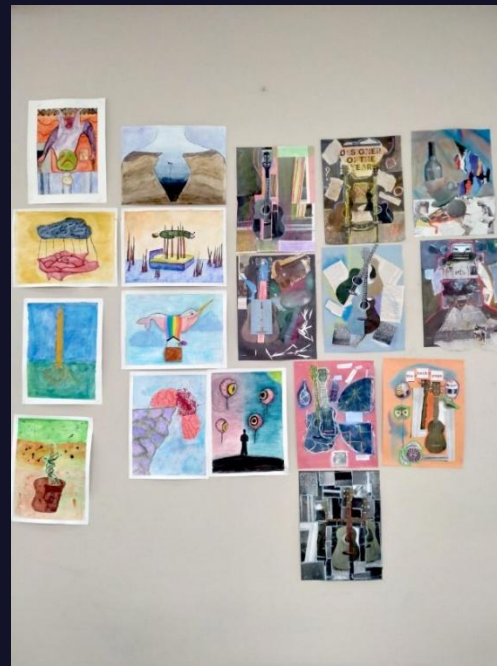
'The Enchanted Forest' is a digital painting that combines photography and painting techniques to create a surreal and fantastical landscape. The forest is teeming with multicolor trees, whose branches are knotted and twisted, and contain thorns with poison. The effect is both beautiful and unsettling. The trees in this enchanted forest are painted in a range of vivid and surreal colors, each hue seeming to contain a hint of magic and mystery. The branches are gnarled and twisted, seeming to reach out like fingers, beckoning the viewer deeper into the forest's mysterious depths. The thorns on the branches are both beautiful and dangerous, their poison not typically fatal, but slowly taking root within the victim, much like how insanity slowly takes hold in people.

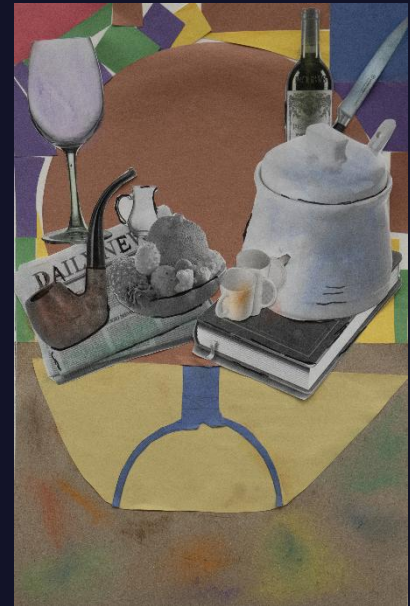
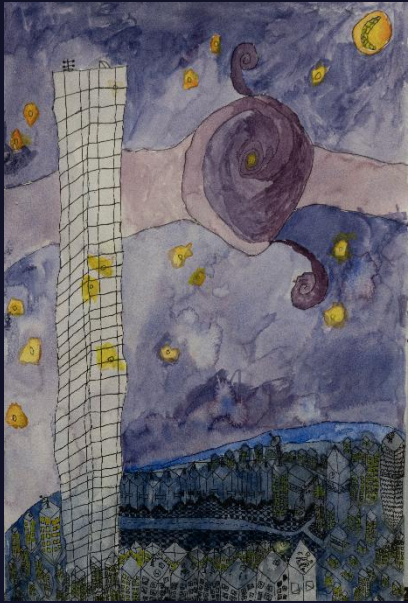
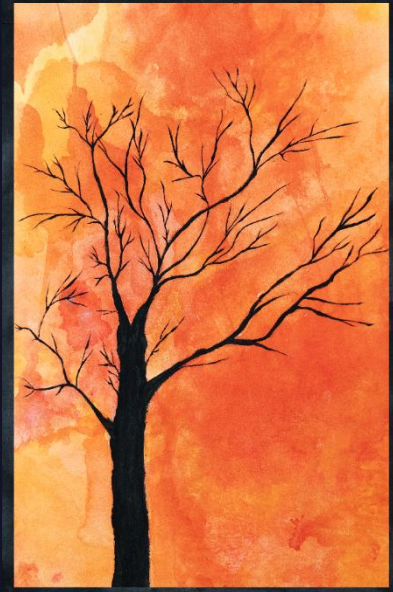


Art Curriculum for Grades 9 and 10 Aligned with Ontario Standards

In creating the art curriculum for grades 9 and 10, I've developed lesson plans and materials that meet the Ontario Curriculum expectations. Through a mix of theory and hands-on activities, my goal was to engage students in meaningful artistic exploration while fostering their growth as creative thinkers and skilled practitioners.

The curriculum consists of key units covering various artistic concepts, techniques, and mediums. These units provide students with a comprehensive foundation in visual arts. Each unit builds upon previous knowledge and skills, ensuring steady progress throughout the academic year.





Art instructor

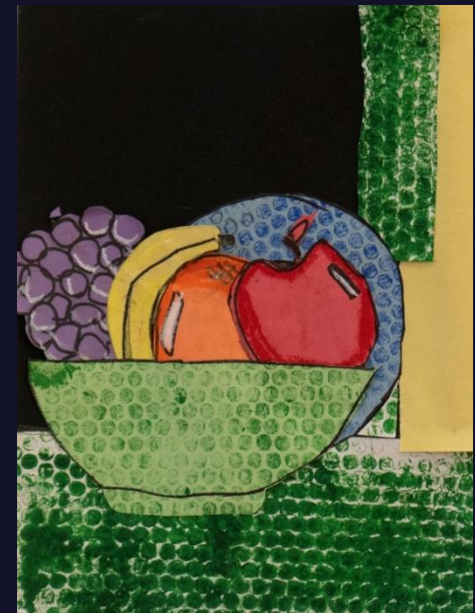
As an Artist-instructor, I guide this group of students within the studio environment, facilitating art projects that encourage experimentation with diverse materials and techniques, while simultaneously deepening their comprehension of art-making processes.

I design lesson plans and art activities that match what students need to learn and enjoy. During classes, I help students with each step of their artwork and encourage them to express themselves. I also ensure that volunteers know what to do and create a friendly environment. Plus, I set up and clean the studio to make sure it's safe and ready for everyone to create their art.











Thank You

Thank you for taking the time to explore my artistic journey and teaching philosophy. Through my work, I hope to have shared the passion, dedication, and joy that fuel my love for both creating art and inspiring others

Mae